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## Drug Facts

<b>COMPOSITION :</b> Each 5ml contains Lactulose soln equale to Lactulose 3.335	<b>PHARMACOLOGICAL CLASS :</b> osmotic laxative.
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NAME : Lactulose Solution 3.335g/5

AVAILABLE AS : OSMOLOS

**PHARMACOLOGICAL ACTION :** Pharmacological action is by decreasing the intestinal production and absorption of ammonia. It has also gained popularity as a potential therapeutic agent for the management of subacute clinical encephalopathy. It is also a laxative for the treatment of chronic constipation.

**USED FOR :** is a laxative used to treat constipation. It may help to increase the number of bowel movements per day and the number of days you have a bowel movement. Lactulose is a colonic acidifier that works by increasing stool water content and softening the stool. It is a man-made sugar solution.

**SIDE EFFECTS :** A very common side effect of OSMOLOS lactulose, particularly at high doses, is diarrhoea. This happens in more than 1 in 10 people. Drink lots of fluids, such as water or squash, to avoid dehydration. Signs of dehydration include peeing less than usual or having dark, strong-smelling pee.

**WARNINGS :** You should not use OSMOLOS (lactulose) if you are on a special diet low in galactose (milk sugar).  
Tell your doctor if you have ever had:  
diabetes; or  
if you need to have any type of intestinal test using a scope (such as a colonoscopy).  
Tell your doctor if you are pregnant or breastfeeding

OUR ADVICE : DO NOT SELF MEDICATE

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